

PLANICA NORDIC CENTRE | DECEMBER 4TH – 7TH 2025

FIS FESA CONTINENTAL CUP CROSS COUNTRY

INVITATION

TO FIS FESA CONTINENTAL CUP
CROSS COUNTRY

DECEMBER 4TH – 7TH 2025
PLANICA, SLOVENIA

PLANICA NORDIC CENTRE | DECEMBER 4TH – 7TH 2025

Dear Ski Friends,

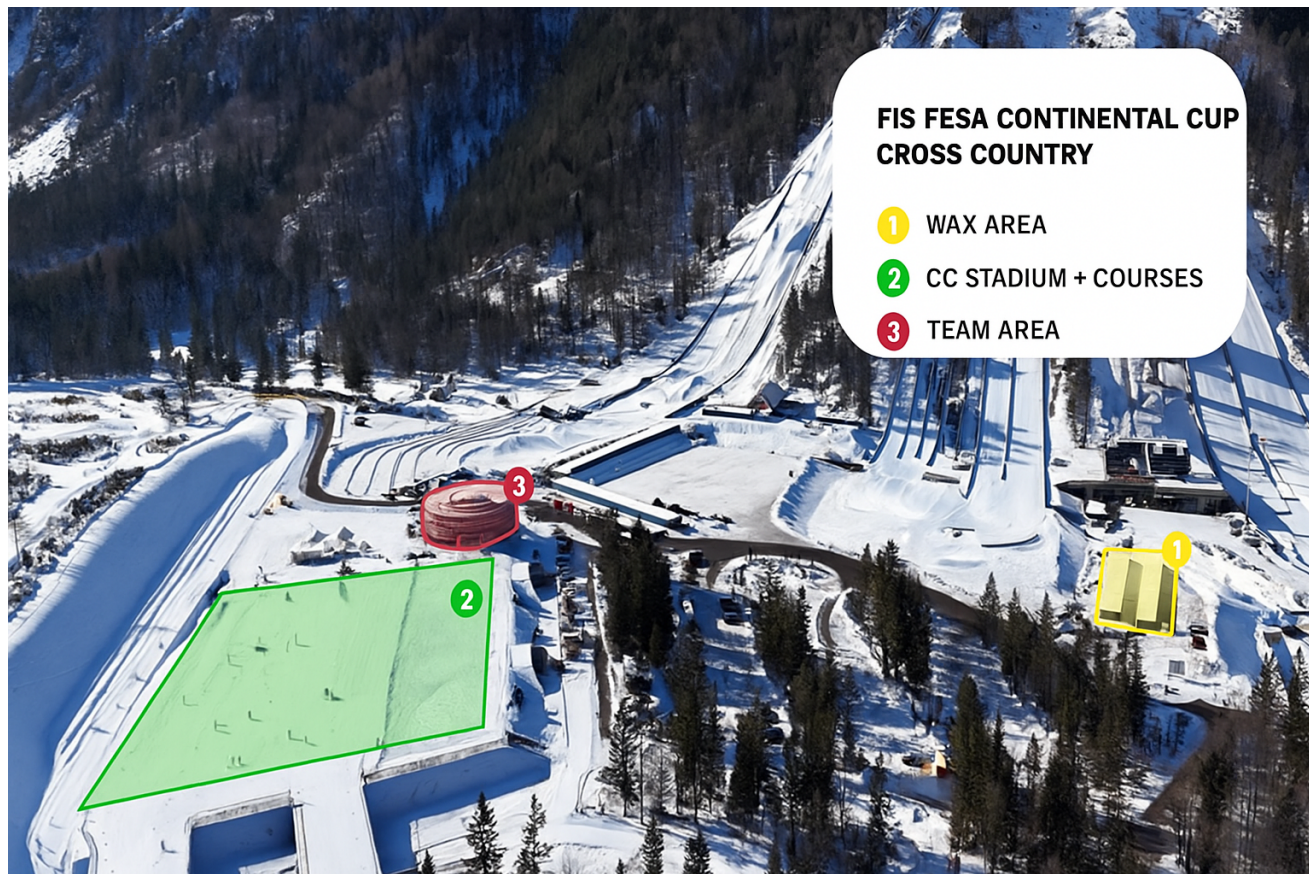
We have the pleasure of inviting you to participate at **FIS FESA CONTINENTAL CUP CROSS COUNTRY** that will take place in Nordic Centre Planica from December 4th to December 7th, 2025.

Organizer:

Ski Association of Slovenia
Cross Country Assembly
Podutiška 146
1000 Ljubljana
Slovenia

COMPETITION SITE & DATES

Nordic centre Planica, Slovenia, Thursday December 4th – Sunday December 7th, 2025



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ACCOMMODATION

OC Planica will arrange accommodation for all FESA countries according to FESA Cup rules 2025/2026.



All teams will be accommodated in Hit Alpinea hotels in Kranjska Gora or Gozd Martuljek, 7 and 12 km from the venue.

Accommodation can be exclusively booked through the Organizing Committee Planica.

Prices (including Toursit Tax) will be:

- full board in double room 90,00 EUR per person
- full board in single use room 120,00 EUR per person
- full board in triple room 75,00 EUR per person

Payment: 80 % advance payment as per proforma invoice latest until 24.11.2025. Rest payment at the race office before departure. Major credit cards are accepted (payment by Card American Express is not possible). Please send your booking requests (including arrival and departure date) by email to: mirjam.zerjav@sloski.si as soon as possible.

Pre-Entry by number (competitors, staff, number of rooms single/double): November 18th, 2025

Booking deadline by name: December 1st, 2025

After the 24st November 2025 is possible change the room number - max 10%

The hotels will be booked on a first - come, first - served basis!

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MEALS

Lunch will be served to all athletes, officials and team staff at the Planica venue (no lunch service will be provided in the hotels).

Teams booking their own accommodation are not entitled to free meals at the venue. If requested, lunch will be available for purchase, price 20 EUR per meal.

The OC will organize lunch for all teams at the venue starting from Thursday, 4th December 2025 on.

ACCESS TO THE COMPETITION SITE



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COMPETITION PROGRAM

When	What	Where
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Wednesday, 03.12.2025

Arrival and accommodation in hotel

Thursday, 04.12.2025

09:00 - 14:00	Official training	CC Stadium Planica
16:00	Entry confirmation	Race office
18:00	Team Captain's Meeting	Čaplja building Planica

Friday, 05.12.2025

08:00	Bibs distribution	Race office
	FESA CONTINENTAL CUP	
09:00	Women U20 Sprint 1,3 km Free – Q	CC Stadium Planica
	Women Sprint 1,3 km Free – Q	CC Stadium Planica
10:30	Women U20 Sprint 1,3 km Free – Final	CC Stadium Planica
	Women Sprint 1,3 km Free – Final	CC Stadium Planica
After the race	Official Prize Giving Ceremony Women	CC Stadium Planica
12:45	Men U20 Sprint 1,3 km Free – Q	CC Stadium Planica
	Men Sprint 1,3 km Free – Q	CC Stadium Planica
14:15	Men U20 Sprint 1,3 km Free – Final	CC Stadium Planica
	Men Sprint 1,3 km Free – Final	CC Stadium Planica
After the race	Official Prize Giving Ceremony Men	CC Stadium Planica
16:00	Entry confirmation	Race office
18:00	Team Captain's Meeting	Čaplja building Planica

Saturday, 06.12.2025

08:00	Bibs distribution	Race office
09:30	FESA CONTINENTAL CUP:	
	Women U20 7,5 km Classic – Interval Start	CC Stadium Planica
	Women 10 km Classic – Interval Start	CC Stadium Planica
	Men 10 km Classic – Interval Start	CC Stadium Planica
	Men U20 10 km Classic – Interval Start	CC Stadium Planica
After the race	Official Prize Giving Ceremony	CC Stadium Planica
16:00	Entry confirmation	Race office
18:00	Team Captain's Meeting	Čaplja building Planica

Sunday, 07.12.2025

08:00	Bibs distribution	Race office
09:00	FESA CONTINENTAL CUP:	
	Women U20 10 km Free – Interval Start	CC Stadium Planica
	Women 10 km Free – Interval Start	CC Stadium Planica
	Men U20 10 km Free – Interval Start	CC Stadium Planica
	Men 10 km Free – Interval Start	CC Stadium Planica
After the race	Official Prize Giving Ceremony	CC Stadium Planica



COMPETITION RULES

The competitions will be held in compliance with FIS International Competition Rules and FIS FESA CONTINENTAL CUP Rules. All athletes must have an active FIS Codes.

The competitions are announced according ICR 341ff. for:

Category	Years of birth (season 2025/26)
Women	2005 and older
Women U20	2006, 2007
Men	2005 and older
Men U20	2006, 2007

Athletes can only start one age category higher:

- i.e. only U 18 athletes (no U 16 athletes) can start in the U 20 category
- U 20 athletes should start in their category

If an athlete competes in a higher category, the timekeeping service must be informed separately by the respective National Ski Association. U20 athletes starting in the senior category shall not be eligible to obtain overall points in the U20 category for this competition.

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REGISTRATION

According to ICR. Art. 313, entries must be made online. The registration must be reported by the National Ski Association to the following addresses:

FESA nations: <http://live.pflanzl.info/registrationservice/>

Non-FESA nations: (entry form FIS) e-mail: tadeja.brankovic@sloski.si

Closing entry date: Tuesday, 2nd December 2025 at 20:00 hrs.

For competitors from Nations in the Nordic Commission there will be no entry fee (max. 40 per big nation / 20 per small nation). For all other competitors (including regional teams) over the quota there will be an entry fee of EUR 15,00 per competition.

Non-Members FESA Nordic Commission (i.e. Basic FESA members) and Non-FESA Countries: Entry Fee EUR 25,00 per competition.

Payment only in cash in the Race Office (Stadium building in Planica, lower floor) with the BIB distribution in the morning. Registration must be made through the National Ski Association for all athletes.



FLUOR – BAN

ICR 222.8 Fluorinated ski wax prohibition. Use of fluorinated wax or tuning products containing fluorine is prohibited for all FIS disciplines and levels. Fluorinated wax can be a competitive advantage and its use in competition will result in disqualification. (see competition rules and equipment specifications.) It is the responsibility of the respective team to ensure compliance with the FIS-ICR.

WAX CABIN

Preparation of the skis will take place in the wax containers next to the ski jumping hills. Please look at the map (under name: competition site & dates).

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MANAGEMENT

Organizing Committee

OC President	Uroš Kepic
OC Secretary General	Tomaž Verdnik / Tadeja Brankovič
Chief of Accommodation	Mirjam Žerjav

Chief of Competition	Marko Luštrek
Race Secretary	Jože Klemenčič
Chief of Course	Gregor Mali
Chief of Stadion	Mirko Verovšek
Chief of Control	Dean Mezek
Timing	RaceTimePro GmbH

OFFICIALS

FIS TD	tbd.
FIS TD NATIONAL	Maja Benedičič (SLO)
FESA COC COORDINATOR	Jakob Winkler (FESA)

RACE OFFICE

Race office: XC stadium building, 1st floor

Opening times:

Wednesday, 03.12.2025	09:00 – 18:00
Thursday, 4.12.2025	09:00 – 18:00
Friday, 05.12.2025	08:00 – 16:00
Saturday, 06.12.2025	08:00 – 16:00
Sunday, 07.12.2025	08:00 – 13:00

PRIZES

Top 6 ranked athletes will be rewarded in each category on Friday/ Saturday / Sunday.



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TELEPHONE NUMBERS

Jože Klemenčič +386 41 769 487 (mobile)
Tadeja Brankovič + 386 41 767 219 (mobile)

email: klemencic.joze@siol.net
email: tadeja.brankovic@sloski.si

INSURANCE LIABILITY

The Organizer will have liability insurance according to ICR art 212.1. – 212.2. All participating athletes must have a valid accident insurance according to ICR art. 212.4. All athletes compete at risk of their National Ski Association. The Organizer does not take any other responsibilities than described above.

COURSE MAPS:

Sprint:

https://medias3.fis-ski.com/pdf/homologations/CC/SLO/SLO_Planica_Gorenjska_WC22_74-02_1-25.pdf

7,5km

https://medias2.fis-ski.com/pdf/homologations/CC/SLO/SLO_Planica_Gorenjska_WC22_74-05_2-5.pdf

10km

https://medias3.fis-ski.com/pdf/homologations/CC/SLO/SLO_Planica_Gorenjska_WC23_99-02_3-2.pdf



See you in Planica!
We are looking forward to welcoming you in Nordic Centre Planica!

Planica, October 2025

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FIS FESA CONTINENTAL CUP

Nordic Center Planica from December 4th to December 7th, 2025

BOOKING FORM FOR ACCOMODATION

Last entry: 18.11.2025

National Association:

Accommodation details:

Number of accredited officials Ladies: _____ Men: _____

Number of competitors Ladies: _____ Men: _____

	Women	Men	ARRIVAL	DEPARTURE	Nr.of double rooms	Nr.of single rooms	Nr.of triple
Staff							
Athlete							
Remarks:							

Person responsible for entry:

Date:

Phone number:

Mobile:

Mail:

Signature and Seal:

Email-Address: mirjam.zerjav@sloski.si and tadeja.brancovic@sloski.si