

FIS - FESA CONTINENTAL CUP

CROSS-COUNTRY SKIING – *SKI DE FOND*

INVITATION & PROGRAMME



DU 14 AU 16 MARS 2025

COUPE D'EUROPE DE SKI DE FOND

STADE NORDIQUE DES TUFFES

ENTRÉE GRATUITE –
PETITE RESTAURATION/BUVETTE

FESA FEDERATION OF EUROPEAN SKI & SNOWBOARD ASSOCIATIONS

F I S

Fédération Française de Ski

JURA
SKI
EVENTS

C N S N M M

Jura
LE DÉPARTEMENT

RÉGION
BOURGOGNE
FRANCHE
COMTE

Dear ski friends!

Jura Ski Events has the great pleasure to invite you to the competition of the FESA Cross-country Cup 2024/2025, which will take place in Prémanson on 14th, 15th and 16th March 2025.

Deadlines :

- **3TH March 2025 : ACCOMMODATION REQUEST**
- **10TH March 2025: ENTRIES**

We would ask you to confirm, as soon as you receive this invitation, whether you intend to take part, so that we have an idea of the number of nations attending and can plan accommodation and competition facilities accordingly.

Deadline for pre-registration: 21.02.2025

to: juraskievents@gmail.com

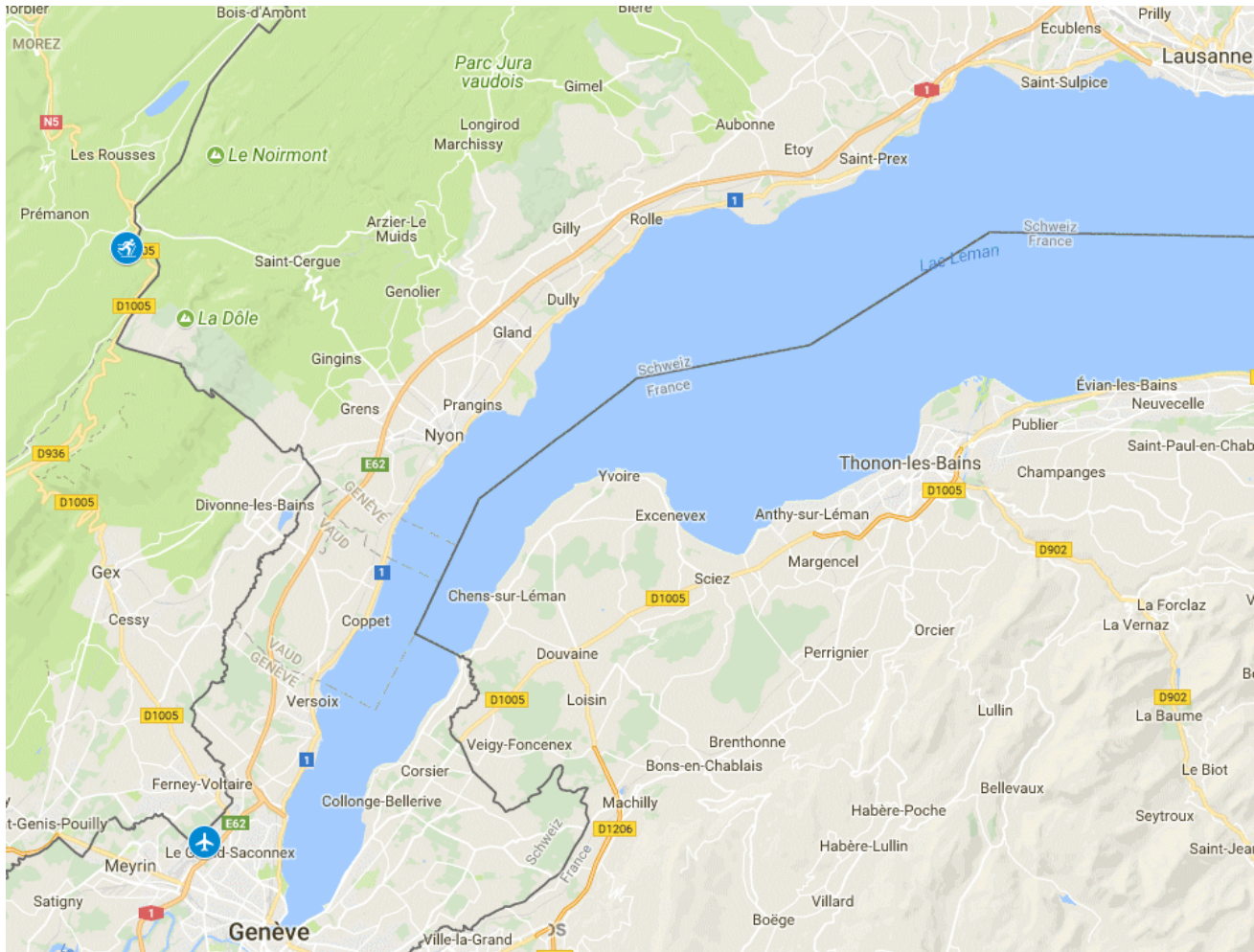
1. Competition site

These competitions will be organized in Les Tuffes Nordic Center in Prémanson.

GPS coordinates: 46°27'03.6"N 6°04'08.9"E



2. Access to Prémamanon



To plan your itinerary: <https://goo.gl/maps/75tihnJCvRD2>

3. Accommodation

Accommodation is only booked through the Organizing Committee on the enclosed booking form.

In order to meet your accommodation requirements, we invite you to send your booking requests on the enclosed booking form **as soon as possible and by 3rd March at the latest**. Any room cancellation after March 10th will remain charged to the team.

Inquiries must be sent to the following contact:

Tel: +33 (0)6 49 33 84 81 / e-mail: juraskievents@gmail.com

Payments will be made to the hotels directly by cash or credit card. Payment by bank transfer is possible provided that it is completed before the team departure.

4. Competition Program:

Thursday 13th of March

09:00 - 17:00	All courses open
09:30 - 11:30	Official training
14:00 - 16:00	Official training
16:00	Deadline confirmation entries
18:00	Team captains' meeting – Stadium Les Tuffes

Friday 14th of March –

9:00	U20- Seniors - sprint Free W/M
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Exact order of qualifications and heats will be communicated later and depends on the expected conditions

Prize giving ceremony: In the stadium, right after the race

16:00	Deadline confirmation entries
- 17:00	Courses open
18:00	Team captains' meeting – Stadium Les Tuffes

Saturday 15th of March –

9:00	Women U20 Individual C 10km
	Women Individual C 10km
	Men U20 Individual C 10km
	Men Individual C 10km

Prize giving ceremony: In the stadium, right after the race

15:00 - 17:00	Courses open
16:00	Deadline confirmation entries
18:00	Team captains' meeting – Stadium Les Tuffes

Sunday 16th of March –

- 9:00 Women Mass Start F 25km
 Women U20 Mass Start F 25km
 Men Mass Star F 25km
 Men U20 Mass Start F 25km
 *in case of less snow the program will be changed to 10km Pursuit F

Prize giving ceremony: In the stadium, right after the race (including FESA COC overall)

5. Entries:

Entries deadline: 10 March 2025, 20:00

- All entered athletes must have valid FIS Codes.
- According to ICR. Art. 313, entries must be made online on <http://results.racetime.pro/registrationservice>. Each FESA nation will receive login codes from Race Time Pro.
All other national federations can enter their athlete via the official FIS entry form.
- Entry fee for FESA Core and new members is 15,00 € per competition for athletes over the quota.
For all other competitors there will be an entry fee of Euro 25.- per athlete and per competition.
- Contact : Jura Ski Events, Mélissa +33 (0)6 49 33 84 81 / juraskievents@gmail.com

6. Rules

The FIS-ICR - FIS CC and FESA Rules 2024/2025 apply.

Fluor ban:

ICR: 222.8 Fluorinated ski wax prohibition. Use of fluorinated wax or tuning products containing fluorine is prohibited for all FIS disciplines and levels. Fluorinated wax can be a competitive advantage and its use in competition will result in disqualification. (see competition rules and equipment specifications.) It is the responsibility of the respective team to ensure compliance with the FIS-ICR.

7. Directory:

The Organizing Committee: Jura Ski Events

Chairman: Sylvain GUILLAUME

Venue Manager: Nicolas MICHAUD

Chief of Competition: Anaël Huard

Competition Secretary: Mélissa CRETIN

The Jury:

TD FIS: Matthey Olivier

TD Assistant: Anouk Wibault

Chief of Competition: Anaël Huard

Coordinator FESA: Jakob Winkler

8. Official Information

All information will be promptly announced on the OC website www.juraskievents.com

9. Race Office

The Race Office will be at Les Tuffes Nordic Center and open as follow:

- Wednesday 13.03.2025 / 14:00 – 19:00
- Thursday 14.03.2025 / 09:00 – 19:00
- Friday, 15.03.2025 / 07 :30 – 19 :00
- Saturday, 16.03.202 / 07 :30 – 19 :00
- Sunday, 17.03.2025/ 07 :30 – 16 :00

10. Prizes

Top 6 ranked athletes will be rewarded in each category.

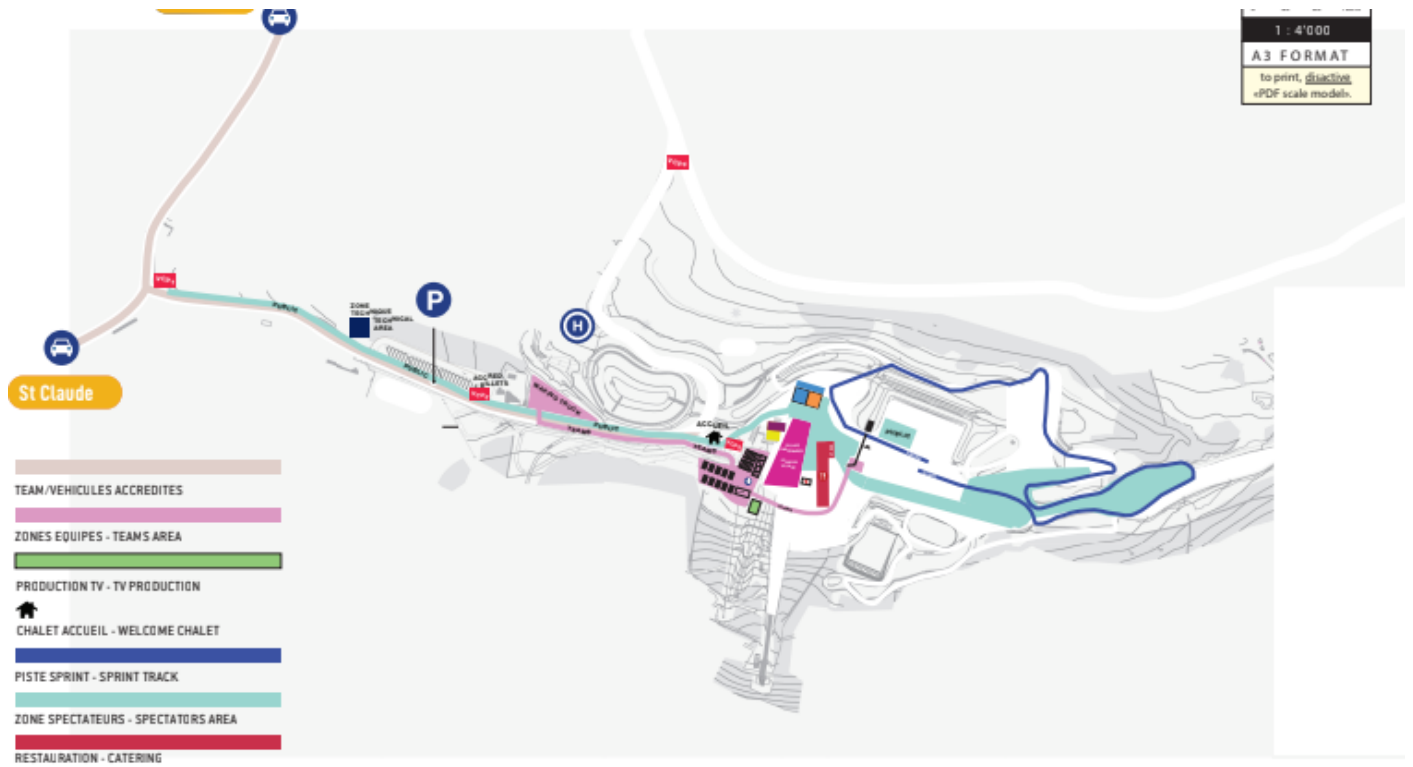
11. Insurance Liability

The Organizer will have liability insurance according to ICR art 212.1. – 212.2. All participating athletes must have a valid accident insurance according to ICR art. 212.4. All athletes compete at risk of their National Ski Association.

The Organizer does not take any other responsibilities than described above.

12. Map of the track

Track 1,3km

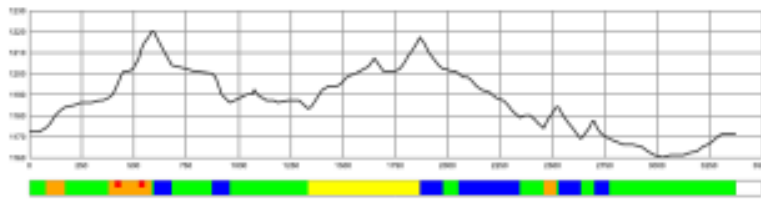




**CERTIFICATE
OF FIS HOMOLOGATED CROSS-COUNTRY COURSE
FIS CROSS-COUNTRY COMMITTEE**

(1) Registration number:	WC22/02.05/3.3
(2) Name of the competition site:	Stade des Tuffes
(3) Name of city/region:	Prémaman
(4) Organizer:	CNSNMM
(5) National ski association:	Fédération Française de Ski
(6) Contact person in the organizing committee:	Nicolas Michaud
(7) Homologation inspector:	Markus Kohler SUI
(8) Name of course:	3.33km
(9) Competition level for course:	WC

Course length:	3.379m	Height difference (HD):	60m	Lowest point:	1,160m
Course category:	D	Maximum climb (MC):	40m	Highest point:	1,220m
		Total climb (TC):	125m		

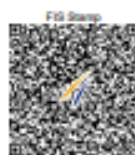


A=climb B=descent C=climb descent undulated terrain



FIS Office

Mignery, Pierre
FIS International Ski Federation
Blöchstrasse 2 / Postfach
CH - 3653 Oberhofen



FIS Homologation
Responsible

Alan Serrano

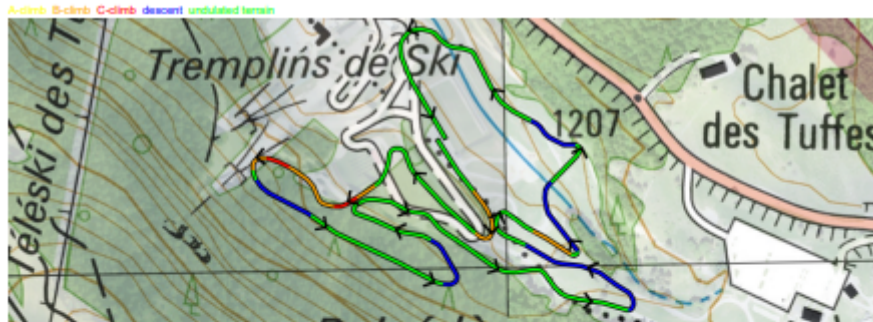
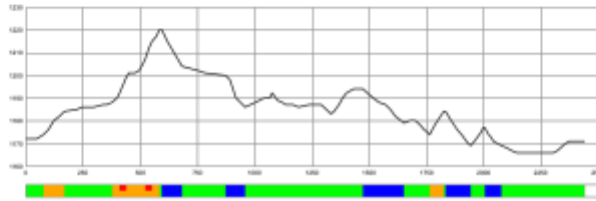
Date of issue
06.01.2022
Valid until
30.06.2027



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(5) National ski association:	Fédération Française de Ski
(6) Contact person in the organizing committee:	Nicolas Michaud
(7) Homologation inspector:	Markus Kohler SUI
(8) Name of course:	2.5km WC
(9) Competition level for course:	WC

Course length:	2,442m	Height difference (HD):	54m	Lowest point:	1,166m
Course category:	D	Maximum climb (MC):	32m	Highest point:	1,220m
		Total climb (TC):	90m		



FIS Office
Mignerey, Pierre
FIS International Ski Federation
Böschstrasse 2 / Postfach
CH - 3653 Oberhofen



FIS Homologation
Responsible
Allan Serrano

Date of issue
06.01.2022
Valid until
30.06.2027



ACCOMMODATION BOOKING FORM

to be sent to juraskievents@gmail.com at the latest on 10th March 2025

Team: _____

Contact person

Name: Function:.....

E-mail:..... Phone number:

Total number of persons in the team:

Accommodation needs:

	<i>Number of rooms needed</i>	<i>Arrival date</i>	<i>Departure date</i>	<i>Remarks</i>
Single room (1 bed)				
Twin room (2 beds)				

Triple room (3 beds) accepted? Yes No

Lunch pack:

Hotels are situated within between 10 minutes and 40 minutes (due to school holidays in the area) drive from the stadium so lunch will be taken at the hotel.

The OC can arrange lunch pack only in case of a change in program due to bad weather conditions. In this case teams will be informed.

Booking conditions:

- Maximum price for accommodation in full board: 85 EUR / pers in twin room. Price for single room depends on the hotel and will be advised if needed.
- Due to the lack of availabilities in the surrounding hotels at the aforementioned price, the OC centralizes the request and dispatches the teams between the hotels according to the date of request and the number of rooms needed. All hotels are situated within 30km from the competition venue and offer the same level of services.
- In order to provide rooms for every team within a reasonable distance, all teams counting 10 persons and more may be given 2 single rooms.
- Any change in the accommodation booking (number of person, date of arrival...) may result in a change of hotel.
- Rooms cancelled after March 4th will be invoiced to the team.

By signing this accommodation booking form, you attest that you have read and understood the above booking conditions and accept them without reserve.

Date: Name and signature: