



TOSIDOS



PLANICA NORDIC CENTRE | MARCH 7TH – 9TH

FIS FESA CONTINENTAL CUP – FESA GAMES CROSS COUNTRY

INVITATION

TO FIS FESA CONTINENTAL CUP -
FESA GAMES CROSS COUNTRY

MARCH 7TH – 9TH
PLANICA, SLOVENIA



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Dear Ski Friends,

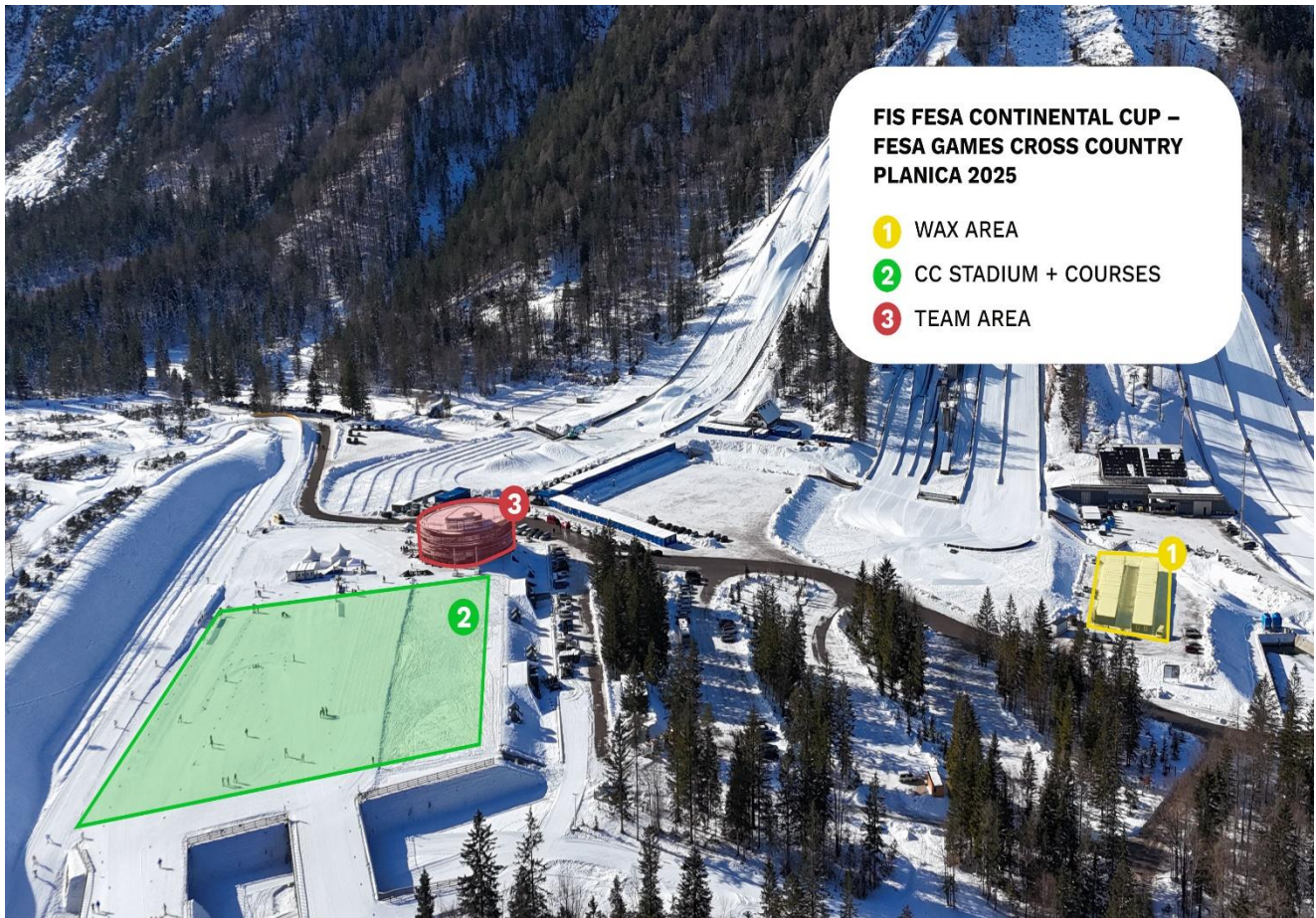
We have the pleasure of inviting you to participate at **FIS FESA CONTINENTAL CUP & FESA GAMES CROSS COUNTRY** that will take place in Nordic Center Planica from March 7th to March 9th, 2025.

Organizer:

**Ski Association of Slovenia
Podutiška 146
1000 Ljubljana
Slovenia**

COMPETITION SITE & DATES

Nordic center Planica, Slovenia, Friday March 7th – Sunday March 9th, 2025.



ACCOMMODATION

OC Planica will arrange accommodation for all FESA countries according to FESA Cup rules 2024/2025.



All teams will be accommodated in Hit Alpinea hotels in Kranjska Gora or Gozd Martuljek, 7 and 12 km from the venue.

Accommodation can be exclusively booked through the Organizing Committee Planica.

Prices (including Toursit Tax) will be:

- full board in double room 85,00 EUR per person
- full board in single use room 120,00 EUR per person
- full board in triple room 75, 00 EUR per person

Payment: 80 % advance payment as per proforma invoice latest until 28.2.2025. Rest payment at the race office before departure. Major credit cards are accepted. (payment by Card American Express is not possible) Please send your booking requests (including arrival and departure date) by email: mirjam.zerjav@sloski.si as soon as possible.

Pre- Entry by number (competitors, staff, number of rooms single/double): February 18th, 2025

Booking deadline by name: March 3rd, 2025

After the 21st February 2025 is possible change the room number - max 10%

The hotels will be booked on a first - come, first - served basis!



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MEALS

Lunch will be served to all athletes, officials and team staff at the Planica venue (no lunch service will be provided in the hotels).

Teams booking their own accommodation are not entitled to free meals at the venue. If requested, lunch will be available for purchase, price 20 EUR per meal.

The OC will organize lunch for all teams at the venue starting from Friday, 7th March 2025 on.

ACCESS TO THE COMPETITION SITE



COMPETITION PROGRAM

When	What	Where
Thursday, 06.03.2025		
	Arrival and accommodation in hotel	
Friday, 07.03.2025		
09:00 - 14:00	Official training	Ski Stadium Planica
15:00	Entry confirmation	Race office
18:00	Team Captain's Meeting	Čaplja
Saturday, 08.03.2025		
08:00	Bibs distribution	Race office
09:00	FESA CONTINENTAL CUP:	
	Women 10 km F – Ind. Start	Ski Stadium Planica
	Women U20 10 km F – Ind. Start	Ski Stadium Planica
	Men 10 km F – Ind. Start	Ski Stadium Planica
	Men U20 10 km F – Ind. Start	Ski Stadium Planica
13:00	FESA GAMES:	
	Women U18 7,5 km F – Ind. Start	Ski Stadium Planica
	Men U18 10 km F – Ind. Start	Ski Stadium Planica
	Women U16 5,0 km F – Ind. Start	Ski Stadium Planica
	Men U16 7,5 km F – Ind. Start	Ski Stadium Planica
16:00	Entry confirmation	Race office
18:30	Team Captain's Meeting	Čaplja

Sunday, 09.03.2025

08:00	Bibs distribution	Race office
09:00	FESA GAMES:	
	U18 4 x 5 km Mixed-relay C	Ski Stadium Planica
	U16 4 x 3,3 km Mixed-relay C	Ski Stadium Planica
	Starting order: W-M-W-M	
After the race	Official Prize Giving Ceremony (FESA Games) Ski Stadium Planica	
12:00	FESA CONTINENTAL CUP:	
	Women 10 km C – Mass start	Ski Stadium Planica
	Women U20 10 km C – Mass start	Ski Stadium Planica
	Men 20 km C – Mass start	Ski Stadium Planica
	Men U20 20 km C – Mass start	Ski Stadium Planica
After the race	Official Prize Giving Ceremony (FESA Continentalcup) Ski Stadium Planica	

Note: F = Free Technique; C = Classic Technique



COMPETITION RULES

The competitions will be held in compliance with FIS International Competition Rules and FIS FESA CONTINENTAL CUP Rules. All athletes must have active FIS Codes.

FESA Games (U16/U18):

For the season 2024/2025 the following categories apply:

U 16: Year of birth 2009+2010

U 18: Year of birth 2007+2008

U18 competitors are only entitled to start if they have a valid FIS code

U16 competitors do not need FIS codes

Athletes from FESA basic member states and from NON-FESA nations can only start in U18 and with a valid FIS code.

REGISTRATION

According to ICR. Art. 313, entries must be made online. The registration must be reported by the national ski association to the following addresses:

FESA nations: <http://live.pflanzl.info/registrationservice/>

Non-FESA nations: (entry form FIS) e-mail: tadeja.brankovic@sloski.si

Closing entry date: Tuesday, 5th March 2025 at 20:00 p.m.

For competitors from “Core” and “New” FESA nations in the Nordic Commission there will be no entry fee (max. 40 per big nation / 20 per small nation). For all other competitors (including regional teams) over the quota there will be an entry fee of EUR 15,00 per competition.

Non-Members FESA Nordic Commission (i.e. Basic FESA members) and Non-FESA Countries: Entry Fee EUR 25,00 per competition.

Payment only in cash in the Race Office (Stadium building in Planica, lower floor) with the BIB distribution in the morning. Registration must be made through the National Ski Association for all athletes.

The quotas for FESA Games are the same as for COC.



FLUOR – BAN

ICR: 222.8 Fluorinated ski wax prohibition. Use of fluorinated wax or tuning products containing fluorine is prohibited for all FIS disciplines and levels. Fluorinated wax can be a competitive advantage and its use in competition will result in disqualification. (see competition rules and equipment specifications.) It is the responsibility of the respective team to ensure compliance with the FIS-ICR.

WAX CABIN

Preparation of the skis will take place in the containers next to the ski jumping hills. Please take a look at the map (under name : competition site & dates).

MANAGEMENT

Organizing Committee

OC President	Enzo Smrekar
Secretary General	Tomaž Šušteršič
Chief of Accommodation	Mirjam Žerjav
Chief of Competition	Marko Luštrek
Race Secretary	Jože Klemenčič
Chief of Course	Gregor Mali
Chief of Stadion	Mirko Verovšek
Chief of Control	Dean Mezek
Timing	RaceTimePro GmbH

FIS Officials

FIS TD	Rainer Burmann (AUT)
FIS TD NATIONAL	Maja Benedičič (SLO)
FESA COC COORDINATOR	Jakob Winkler (FESA)

RACE OFFICE

Race office: Stadium building, 1st floor

Opening times:	
Thursday, 06.03.2025	09:00 – 18:00
Friday, 07.03.2025	08:00 – 16:00
Saturday, 08.03.2025	08:00 – 16:00
Sunday, 09.03.2025	08:00 – 13:00

PRIZES

Top 6 ranked athletes will be rewarded in each category on Saturday / Sunday.
Top 3 of FESA Games competitions (U16/ U18) will be awarded with medals from FESA



TELEPHONE NUMBERS

Jože Klemenčič +386 41 769 487 (mobile)
Tadeja Brankovič + 386 41 767 219 (mobile)

email: klemencic.joze@siol.net
email: tadeja.brankovic@sloski.si

INSURANCE LIABILITY

The Organizer will have liability insurance according to ICR art 212.1. – 212.2. All participating athletes must have a valid accident insurance according to ICR art. 212.4. All athletes compete at risk of their National Ski Association. The Organizer does not take any other responsibilities than described above.

COURSE MAPS:

Sprint:

https://medias3.fis-ski.com/pdf/homologations/CC/SLO/SLO_Planica_Gorenjska_WC22_74-02_1-25.pdf

Distance:

10km

https://medias3.fis-ski.com/pdf/homologations/CC/SLO/SLO_Planica_Gorenjska_WC23_99-02_3-2.pdf

20km

https://medias3.fis-ski.com/pdf/homologations/CC/SLO/SLO_Planica_Gorenjska_WC23_99-02_3-2.pdf

Relay 4*3,3km

https://medias4.fis-ski.com/pdf/homologations/CC/SLO/SLO_Planica_Gorenjska_WC23_99-02_3-2.pdf

Relay 4 x 5km

https://medias2.fis-ski.com/pdf/homologations/CC/SLO/SLO_Planica_Gorenjska_WC22_74-05_2-5.pdf



See you in Planica!
We are looking forward to welcome you in Nordic Centre Planica!

Planica, March 2025

FIS FESA CONTINENTAL CUP – FESA GAMES CROSS COUNTRY

Nordic Center Planica from March 7th to March 9th, 2025

BOOKING FORM FOR ACCOMODATION

Last entry: 18.02.2025

National Association:

Accommodation details:

Number of accredited officials Ladies: _____ Men: _____

Number of competitors Ladies: _____ Men: _____

	Women	Men	ARRIVAL	DEPARTURE	Nr.of double rooms	Nr.of single rooms	Nr.of triple
Staff							
Athlete							
Remarks:							

Person responsible for entry:

Date:

Phone number:

Mobile:

Mail:

Signature and Seal:

Email-Address: mirjam.zerjav@sloski.si and tadeja.brankovic@sloski.si