



# ALPENCUP CROSS COUNTRY PRAGELATO

## 18th. – 19nd. JANUARY 2020

**PRAGELAT2020** CROSS COUNTRY - SCI DI FONDO  
**ALPEN CUP - COPPA EUROPA - COPPA ITALIA**



S.C. SESTRIERE / PRAGELATO RACES

Tel. +39/012276154

[www.pragelatoraces.com](http://www.pragelatoraces.com)

E-mail: [info@sciclubsestriere.it](mailto:info@sciclubsestriere.it) and [dante.roggia@gmail.com](mailto:dante.roggia@gmail.com)



**The Italian Winter Sport Federation (F.I.S.I.), S.C. SESTRIERE and PRAGELATO RACES, are pleased to invite all members of the OPA countries to participate in the "Alpencup"**

- **Entry**

The final entry must be sent to the Organizing Committee at on the official FIS-application forms (with specification for each athlete: Name and first name, year of birth and FIS Code).

E-mail: [dante.roggia@gmail.com](mailto:dante.roggia@gmail.com)

**Final entry:** **14<sup>th</sup> January 2020**

- **Accommodation**

The hotel accommodation of the delegations is managed by the CO, in collaboration with "Turismo Torino".

The request for accommodation must be addressed to:

**Turismo Torino Pragelato Office** – [info.pragelato@turismotorino.org](mailto:info.pragelato@turismotorino.org)

Due to the concurrent Alpine Woman WC competition in the Sestriere ski area, you are invited to communicate as soon as possible the total number of room needed for your nation/group.

**Final Accommodation entry:** **15<sup>th</sup> December 2019**

Please use and send us the form "**appendix A**" for your Accommodation request.

**PLEASE NOTE:** For booked rooms reservation not used, the OC will ask cancellation fees to the resp. National Ski Association.

- **Race Office**

The race office is located in the main building (ground floor) at the Cross Country Stadium in "**Pragelato Plan**". Opening times:

THURSDAY	16.01	14:00 – 18:30	FRIDAY	17.09	8:00 – 21.00
SATURDAY	18.01	7:00 – 21:00	SUNDAY	19.01	7:00 – 15:00



## COMPETITION SCHEDULE

### THURSDAY 16.01.2020

Arrival of the teams

### FRIDAY 17.01.2020

10:00 – 12:00	Official training
12:00 – 14:00	Confirmation of entry at Race office
16:00	Team Captains' Meeting at the Cross Country Stadium (main building – 1 <sup>st</sup> floor)
18:30	Delivery of bibs at "Ski Jumping Hotel"

### SATURDAY 18.01.2020

09:30	Mass Start Competition – Women – 15 Km C
Follow	Mass Start Competition – Women U20 – 15 Km C
Follow	Mass Start Competition – Men – 30 Km C
Follow	Mass Start Competition – Men U20 – 30 Km C
12:30	Flowers ceremony in the competition field
12:30 – 14:30	Confirmation of entry at Race office
16:30	Team Captains' Meeting at the Cross Country Stadium (main building – 1 <sup>st</sup> floor)
18:00	Official prize giving ceremony at "Ski Jumping Hotel"

### SUNDAY 19.01.2020

9:30	Interval Start Competition - Women 5 Km F
Follow	Interval Start Competition – Women U20 – 5 Km F
Follow	Interval Start Competition - Men 10 Km F
Follow	Interval Start Competition – Men U20 10 Km F
Follow	Official prize giving ceremony (in the competition field)

### • Organizing Committee

LOC President	ROGGIA Dante
Secretary	TREVES Francesca
Accommodation	TURISMO TORINO
Medical Service	Dott. MAINA Flavio
DATA TIMING	RACE TIME PRO

### • Competition Committee

Chief of Competition	ROGGIA Andrea
Race office/Info Point	BRAVI Romina
Chief of course	PEYROT GINO
Chief of stadium	COUCOURDE Enrico
Chief of control	GARZOTTO Roberto
Chief of Equipment	ROSSO Enrico
Speaker	CAVAGNET Christin
	PASCAL Gianni
	GIORDANO Nicola

### • FIS Officials

FIS TECHNICAL DELEGATE	MAGAND Guy (FRA)
FIS TD ASSISTANT	MAPELLI Marco (ITA)





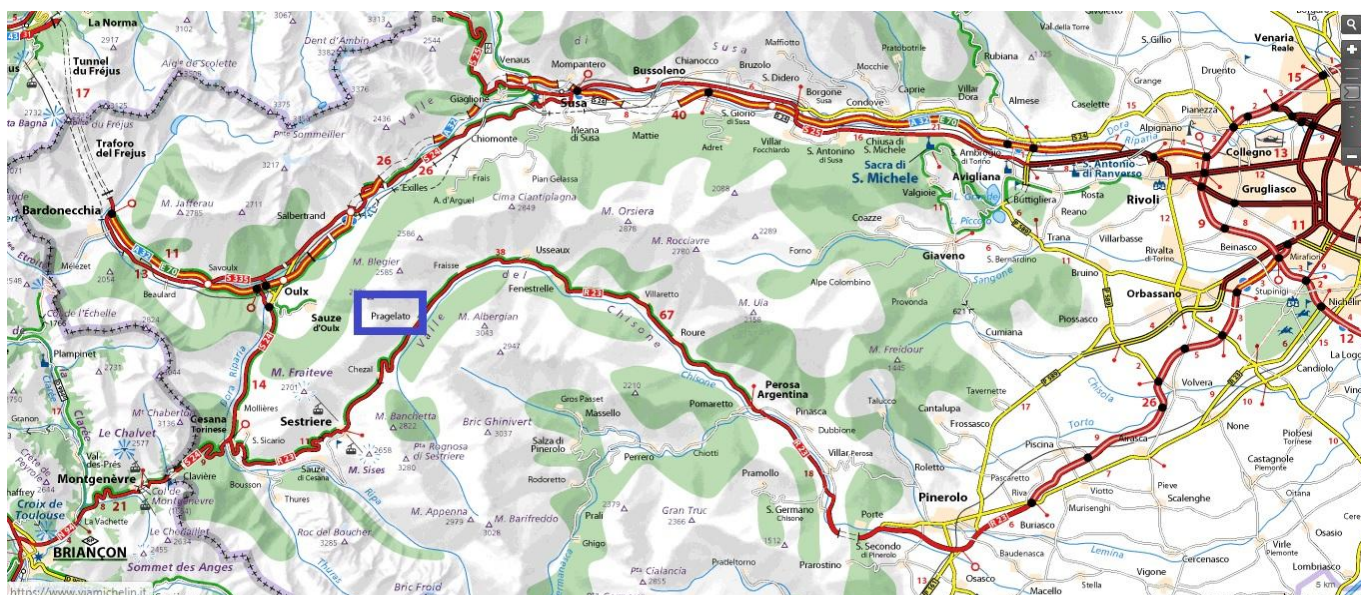
## WHERE WE ARE – HOW TO REACH US

You can reach PRAGELATO and his Olympic Cross Country tracks located in Val Troncea Valley, by car from Turin following the directions below:

- from the Turin highway ring road, take the Turin-Pinerolo highway, Pinerolo direction. Continue to Sestriere on the state road SS23, until you reach the town of Pragelato (45 km from Pinerolo). The Olympic Cross Country tracks are located 3 km after Pragelato center, in Sestriere direction, on the left at the roundabout to Valtroncea

Or:

- from Turin highway ring road, take the highway A32, direction Frejus. At Oulx town leave the highway and follow for Cesana on state road SS24 and then follow Sestriere on state road SS23. After Sestriere pass drive down for about 10 km. The Olympic Cross Country tracks are located 3 km before Pragelato center, on the right at the roundabout to club Med.



The Organizing Committee is looking forward to welcome you all in Pragelato.

**ORGANIZING COMMITTEE**

**President Roggia Dante**



## Appendix A

Alpencup  
PRAGELATO  
18<sup>th</sup> – 19<sup>nd</sup> January, 2020

### HOTEL BOOKING FORM

Kindly fill in this form and send it back to the Organizing Committee  
by email [info.pragelato@turismotorino.org](mailto:info.pragelato@turismotorino.org)  
**within 15th December 2019:**

TEAM / GROUP:

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NAME OF TEAM / GROUP LEADER:

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COUNTRY:

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TEL. (MOBILE):

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EMAIL:

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TOTAL NUMBER OF PERSONS:

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CROSS COUNTRY WOMEN

ARRIVAL DATE: \_\_\_\_\_ DEPARTURE DATE: \_\_\_\_\_ n. \_\_\_\_\_ of women

CROSS COUNTRY MEN

ARRIVAL DATE: \_\_\_\_\_ DEPARTURE DATE: \_\_\_\_\_ n. \_\_\_\_\_ of men

BASIS: FULL BOARD in DOUBLE ROOM

Cost: 60€ full board for persons per night. The single rooms will be quoted differently (+10€).

NOTES and SPECIAL REQUEST: \_\_\_\_\_

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(The Organising Committee will help you as far as possible to satisfy your needs. If blocked rooms are not used full price will be charged)